



BARCELONA CENTRO MÉDICO

Better health, the best souvenir from Barcelona



Barcelona Centro Médico

Spain as a medical destination. Why?

Spain has known to have developed and to have consolidated a health system in top ten world-ranking (OMS) with a high level of consideration (NewsWeek), because beyond strong health policy Spain has medical and sanitary professionals with a solid skills and new hospital and sanitary premises with the most developed equipment. This is the reason because Spain has top ranked health indicators; among others one of the longest life expectancy (overcome only in Japan), one of the lowest child mortality rates, the highest organ donation rate in the world and cancer prevention programs with good results.

The framework of a decentralized Spanish health system, enable high adaption level in each territory.

In brief Spain is a good medical destination offering the best guarantees and medical care.

Barcelona

Barcelona is one of the most appreciated tourist destination. The city is leader in organization of congresses and conventions in the medical sector, one of the cities preferred by its quality of life. In recent years has become the first port for cruises of the Mediterranean.



“European Cities Monitor” (2009)

4th best European city for business
3rd best known city in Europe
1st city in Europe of greatest progress
1st city in Europe for worker’s quality of life

“European Investment Monitor” (2008)

4th European destination for international investments

“Global Cities Attractiveness Survey” (2008)

12th best image city in the world
19th best-known city in the world

“BaroMed Attractiveness Survey” (2008)

Top flagship city of the Mediterranean

“World’s happiest cities ” (2009)

3rd city in the world.

“World’s best cities to eat well ” (2009)

5th city in the world
(GFK Custom Research North America)

“Europe’s Coolest Cities” (August 2007)

One of the most fashionable cities in Europe

“World Country & City Rankings 2008” (April 2009)

3rd city in the world for organising international meetings

“International Meeting Statistics” (2009)

5th city in the world for organising international congresses

Along the history Barcelona has been a pole of attraction of patients by the quality of its medical services, developing great schools of training in surgery, ophthalmology, urology, etc, applying the latest techniques and medical research activity.

Barcelona has become the meeting point for the best medical researchers.

Medical research centres of Barcelona takes part of the most active international networks and their professionals foster and coordinate ambitious worldwide medical programmes.

Another factor that has affected the quality of the city’s healthcare entails the professional learning programmes that have promoted long specialist training periods in the best medical centres in the world.

Moreover, as talent attracts talent, Barcelona has also become the target for numerous physicians for whom the city's medical centres represent the opportunity to increase and transmit their knowledge, as well as the venue for major international events and congresses related to several medical specialities.

This attraction has only been enhanced by the city's charms, its climate and its Mediterranean lifestyle.

Barcelona's medical centres form part of a general health system that is ranked seventh in the world with regards to quality and guarantees.

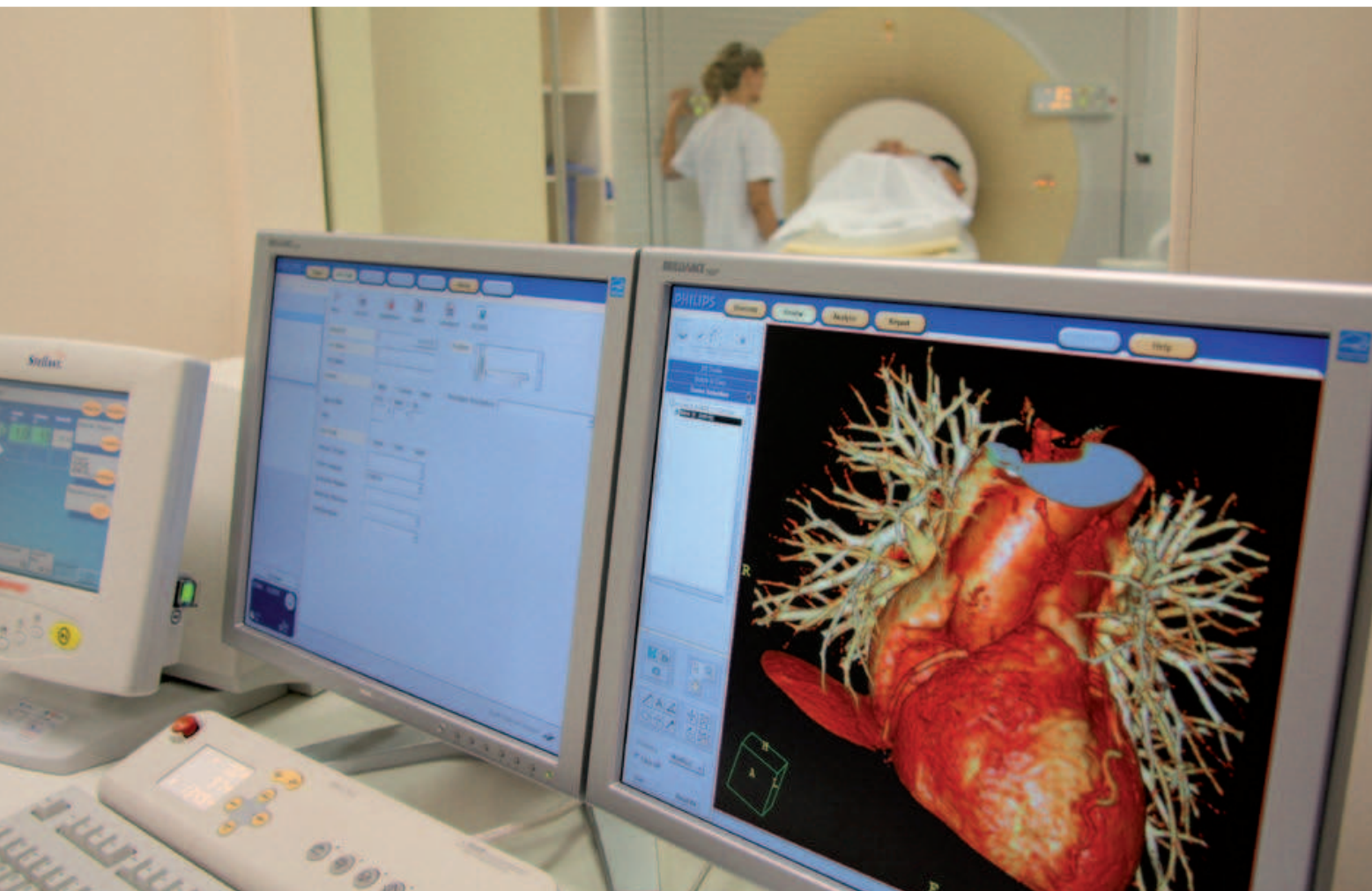
Both in Barcelona and the rest of Spain, medical activities (the backbone of the national health system) provide services to the entire population based on strict ethical and quality-related criteria.

The medical centres of Barcelona, part of this solid health system, also have one of the most comprehensive lists of services based on internationally renowned physicians and healthcare and support personnel with great expertise.

Not only are our best doctors required to attend international medical programmes and congresses, but the professional and human quality of our auxiliary staff is highly valued in many European medical centres.

Personalised healthcare and the duty of confidentiality are equally ensured for foreign patients, with bilingual assistance available, individualised hospitalisation and care before, during and after hospitalisation.

Barcelona's medical centres have cutting-edge equipment.





Besides the quality and comfort of all its facilities, the healthcare centres in Barcelona make continuous investments in cutting-edge technology. Thanks to their modernisation and up-to-date strategies, they have the most advanced and sophisticated surgical and diagnostic systems.

In this respect, they have pioneered the introduction of microneurosurgery, natural orifice surgery, neuronavigation and robot-assisted teleneurosurgery, virtual reality in the operating theatre, transcranial magnetic stimulation systems, etc
Barcelona knows how to treat people and also has the resources to do so.

BCM puts you in touch with the specialist that you need.

Barcelona Medical Center is a unique structure in Europe, acting as the International Department of its 20 medical centres. We offer the most comprehensive medical care in Southern Europe.

BCM is a hospital association to promote Barcelona as medical destination.

BCM is a high quality service in integrated medical care, most reputable and prestigious health centres in Barcelona:

BCM provides the widest range of medical and surgical services covering 42 specialities and a multidisciplinary approach, caring for your health in every way with the highest quality.

Comprehensive and compete offer at medical services from check up to live donor transplant. We can provide all services to patients, accommodation, interpretation, personal assistant, post operation rehabilitation services, support for VISA and travel arrangements, etc.

**BCM is the door to
Barcelona Medical Destination**

Enjoy the best level of medical assistance.

Enjoy the city.



BCM

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Clínica Aparicio

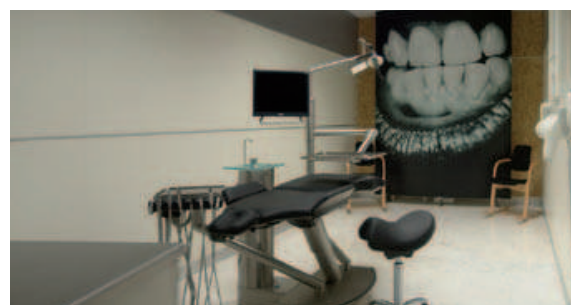
Extreme implantology, solutions to complex cases



At Clínica Aparicio, we are experts in the rehabilitation of severe bone atrophy of the upper jaw by means of fixed dental prostheses anchored on Zygomatic implants thus avoiding the necessity for bone graft surgery.

Dr. Carlos Aparicio is considered to be a world reference and one of the best experts in implantology in the world, specifically in the field of zygomatic implants. He is also a regular speaker in the most renowned forums of this area. Besides, he is the author of a new technique improving the results of zygomatic implants in mouths with little bone volume.

Clínica Aparicio is a dental hospital whose team is formed by specialists in every area of dentistry. Our staff is multidisciplinary and international. We are a centre of reference for our colleagues and dental students from all over Europe. Should the case complexity so require, patients treatment may be discussed on a clinical session by our specialists team so as to determine the most suitable treatment. The result: excellence.



We are a well-known research centre, and it is for this reason that our work is published in the best scientific journals. We hold training courses for postgraduate dentists in implant dentistry, periodontics and aesthetic dentistry. We are a national and international training model which represents to us the opportunity and the duty to introduce the latest scientific advances to our centre.

What do we offer?

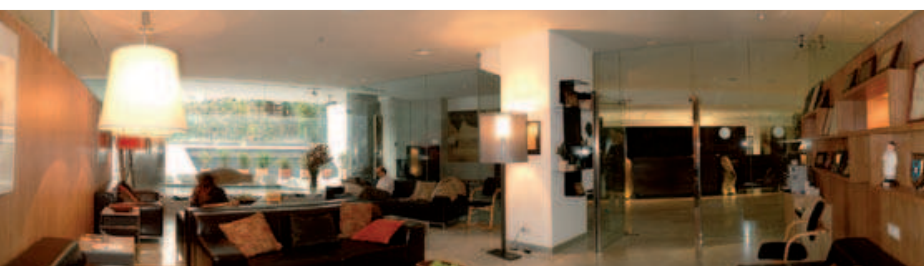
A solution to Complex Cases. All in one office. Since 1985 we perform complex dental rehabilitations, as well as leading treatments in all the specialities of modern odontology. This has made us a centre of reference in Europe when dealing with the most complex cases such as: 1.- problems stemming from severely resorbed maxilla; 2.- the need for different specialists to intervene on the same patient; 3.- to offer a solution where previous implants have failed.

Extreme implantology for mouths with little bone volume: Zygomatic Implants

At Clínica Aparicio we are experts in solving with zygomatic implants severe bone atrophy of the upper jaw without the need of using bone grafts, all within 24 hours. The procedure includes: the possible extraction of the remaining useless teeth; implant placement and delivery in about 24 hours of an interim, screw-retained fixed dental prosthesis.

www.clinicaaparicio.com

info@clinicaaparicio.com



Drs. Miravé

Your dental health, our objective



The surname Miravé is another one of the famous names from the Catalan medical world. For over 75 years, the Miravé family has offered its services to generations of Catalans with the same concern: dental problems. “My sister Mayte and I are the third generation of dentists in the family. ‘The saga began with my grandfather who opened the clinic in 1935 and passed it on to my father. Today we have two practices with 25 chairs and 60 workers’, explains Dr. Francesc Miravé, Director of the Centro Odontológico Drs. Miravé. Both clinics have a high degree of expertise and are at the forefront of dentistry and kinesiology in Europe.

“Implantology, whitening, oral and maxillofacial surgery, endodontics, periodontics, dental prosthesis, odontopediatrics, radiology, hygiene service... the Centro Miravé’s philosophy is to provide the comprehensive and specialised practice of modern dentistry, covering all existing branches”, he says. So, after the first visit, patients



are referred to the area in which they require treatment. “We are far from the figure of the traditional dentist, for whom the solution is always to pull out a tooth”, says a smiling Dr. Miravé, “on the contrary our practices have multidisciplinary teams which are highly specialised, qualified and suited to the personal needs of each patient. At the Centro Odontológico Drs. Miravé we promise to diagnose the patient’s problem and to come up with a solution at the same time, whatever speciality it falls under.”

One of the Centro Odontológico Drs. Miravé’s maxims, as its Director explains, is ‘not resting on our laurels. We have a high level of demand, we aim to be completely up to date and also to apply the most innovative treatments available. Therefore, we are constantly training our professionals. “ This also means having the latest in-state-of-the-art technology available. “For us, offering a quality service is essential, that’s why we invest in whatever training and technology is necessary”, explains Dr. Miravé. “The majority of patients attending the Miravé clinics are Catalans, and we estimate that 15 % come from the rest of Spain and 5% from Europe, mostly from the United Kingdom and Germany.” As Dr. Miravé points out, it is interesting to see how the quota of European patients has grown “since we launched our website.” Similarly the dentist attaches much value “to the word-of-mouth between satisfied and potential patients, as well as the invaluable international promotion work that Barcelona Centre Mèdic conducts jointly “with the public administrations.” While the competition has grown, especially in terms of price in the countries of Eastern Europe, “they still lack, for example, the quality and technology that we have. For our part” concludes Dr. Miravé “we will continue carrying out our work with the professionalism that characterises us, and also very happily because do not forget that whoever becomes a dentist does not do so for his own sake, but by vocation.”

www.clinica-mirave.com

Barraquer Ophthalmology Center

Passion for Ophthalmology



The **Barraquer Ophthalmology Centre** is the result of more than a century of dedication to the eye patient by the Barraquer family. It distinguishes itself by offering comprehensive assistance, which combines a high degree of specialization in the diagnosis and treatment of diseases of the eye with a long tradition of committed and personalised care in order to realize the motto: "Let us treat the patient in the same way in which we would like to be treated". The assistance has always been linked to teaching through the **Barraquer Institute**, attached to the "Universitat Autònoma de Barcelona" (UAB) as University Institute; and linked to research through the **Chair of Research in Ophthalmology "Joaquín Barraquer"** at the UAB; and to corporate social responsibility through the **Eye Bank for the Treatment of Blindness** and the **Barraquer Foundation**.

Diagnosis accuracy

Barraquer has a team of 30 ophthalmologists specialized in a particular area of the eyeball, so they can offer the best treatment for each patient.

The doctors are organized around 14 major departments:

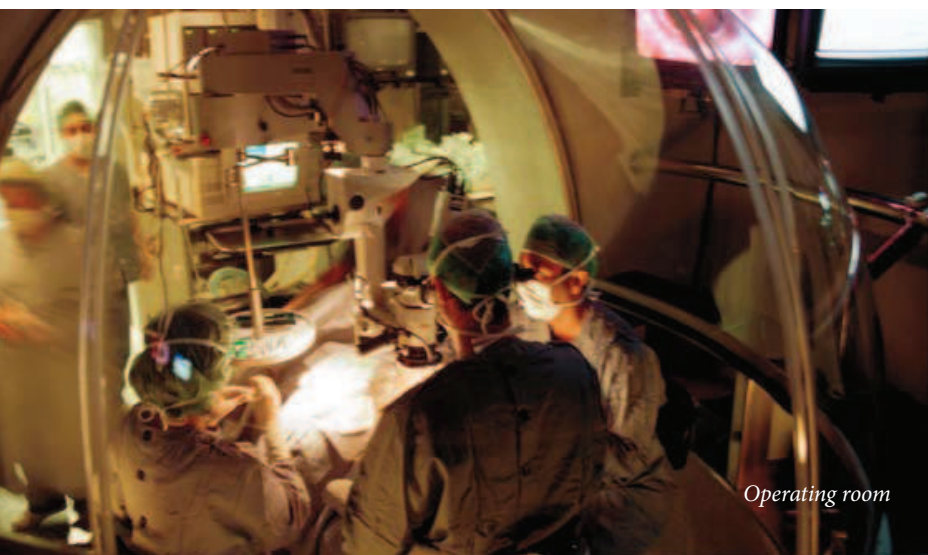
1. *Ocular Surface: External diseases and dry eye*
2. *Cornea: Corneal transplants. Keratoconus treatment.*
3. *Corneal laser refractive surgery. Refractive surgery with intraocular lenses.*
4. *Anterior segment and lens. Minimally invasive cataract surgery.*
5. *Glaucoma. Comprehensive treatment of the medical, laser and surgical aspects.*
6. *Uveitis and other intraocular inflammations.*
7. *Medical retina. Treatment of diabetic retinopathy and other retinal vascular pathologies.*
8. *Vitreoretinal surgery.*
9. *Macula. Current treatments of age related macular degeneration.*
10. *Ocular oncology.*
11. *Ocular motility, strabismus, binocular vision and vision rehabilitation.*
12. *Orbit and oculoplasty.*
13. *Neuro-ophthalmology.*
14. *Ophthalmological emergencies. 24 hours Service, 7 days per week.*

For a better diagnosis we have the most advanced techniques available.

Microsurgery

The current surgical techniques are minimally invasive thus allowing much of the surgery on an outpatient basis, with a short hospital admission, only a few hours of stay.

The Centre has 44 beds, 19 boxes for outpatient surgery and 5 operating theatres specially designed to perform ocular microsurgery and 6 operating rooms for laser treatment. All this equipment allows us to perform nearly 14,000 surgeries and to see around 90,000 patients yearly. This makes us one of the largest ophthalmology centres worldwide.



Operating room

Centro de Oftalmología Barraquer.

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info@barraquer.com / www.barraquer.com

Sant Joan de Déu

Growing with you



Sant Joan de Déu Hospital. Growing with you
Sant Joan de Déu Hospital is a private, non-profit center that forms part of the Catalan public-use hospital network (XHUP) and that has a vocation to serve the public health. As a university hospital, we combine quality healthcare with research and the education of future pediatricians and obstetricians.

We offer patients comprehensive healthcare based on the development and application of scientific advances, without overlooking the human side of healthcare.

Our objective is to become an organization that is completely open to the community, accessible and close by, with the ability to teach and do research; and where the focus is on the values we are known for: hospitality and solidarity.

With a commitment to solidarity: through the Cuidam Program, we treat Third World children and through a twinning agreement with Lunsar Hospital in Sierra Leone, we offer technical, professional and financial support.

A year of activity

<i>Discharges</i>	26,204
<i>Deliveries</i>	4,256
<i>Inpatient surgery services</i>	8,117
<i>Outpatient surgery services</i>	5,543
<i>Outpatient appointments</i>	213,861
<i>Day hospital sessions</i>	14,736
<i>Emergencies</i>	130,614
<i>Beds</i>	362,000
<i>Professionals</i>	1,432

An open hospital

The skill of our professionals has made Sant Joan de Déu Hospital a benchmark pediatric center in Catalonia and the rest of Spain. This dynamic position as a leader in pediatric care allows us to promote a network of services and to go beyond our role as a healthcare center limited to a specific region.

The hospital offers services to public and private hospitals and primary-care centers in



three areas of activity: Healthcare, Research and Teaching and continuous training.

Sant Joan de Déu Hospital and Hospital Clínic de Barcelona maintain a strategic alliance to render services, provide teaching and carry out research within the framework of the Sant Joan de Déu Hospital - Hospital Clínic Healthcare Grouping.



Multidisciplinary Units

The hospital's multidisciplinary units deal jointly with the technical and human aspects of disease, while catering to new health needs.

Our main specializations are: Dentistry Clinical Psychology, Tests and Diagnostic Procedures, Rehabilitation, Oncology, Ophthalmology, Obstetrics and Gynaecology, Clinical Neurophysiology, Neurosurgery, Neonatology, Nephrology, Haematology, Endocrinology, Dermatology, Maxillofacial Surgery, General Surgery, Cardiac Surgery, Cardiology, Anaesthesia and Reanimation, Allergology.

Sant Joan de Déu Hospital is authorized to handle organ and umbilical-cord blood donations, as well as cornea, bone-marrow, kidney and frozen-ovary transplants.

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www.hsjdbcn.org

Institut Guttmann

Helping to start new lives: A highly specialized hospital



Institut Guttmann-Neurorehabilitation Hospital (IG) we provide specialized medical treatment, surgery and full rehabilitation of patients with spinal cord injury, acquired brain damage or any other serious neurological disability.

Our center combines health care provision, research, teaching and social and community services to perform the best, most advanced and competitive care in Europe.

SERVICES PORTFOLIO: A PATIENT AND FAMILY-CENTERED ENVIRONMENT

The IG is focused mainly in three areas of care plan.

Intensive rehabilitation program at injury start phase (acute process). This program includes five hours of intensive, individualized therapy including physical, occupational and speech therapies up to 6 days a week.

Rehabilitation program at monitoring and maintenance phase (post-acute process, chronic phase). This program focuses in the prevention and treatment of complications. The program includes specialized periodical comprehensive evaluation with psychosocial and neuropsychological monitoring and an annual physical and neurological evaluation from 3 to 5 days of hospitalization.

Special programs. In parallel with the basic rehabilitation program or as a complementary treatment, IG offers a wide range of functional programs which improve significantly various areas in patients' health, independence and quality of life, such as:

- Surgery for tetraplegic hands.
- Functional electrical stimulation (FES).
- Surgery for spasticity/neuro-orthopaedics.
- Intrathecal baclofen infusion by an implantable pump to severe spasticity.



- The use of botulinum toxin to treat focal spasticity.
- Intramuscular Diaphragm Pacing for Spinal Cord Injury.
- Specialized care and surgery for pressure ulcers (sores):
- Neurostimulation/neuromodulation techniques to treat urinary incontinence (SARS).
- Treatment of neuropathic bladder.
- Functional evaluation and treatment of neurogenic bowel.
- The study and treatment of dysphagia. Intensive walking rehabilitation therapy with electro-mechanical systems and partial suspension of body weight (Gait-Training® or Lokomat®)
- Transcranial magnetic stimulation in speech and pain processes, and in drug-unresponsive, persistent depression.
- Chronic neuropathic pain medicine.
- Gynecological care for women with a neurological disorder.
- Caring for disabled people's sexuality and assisted reproduction.
- Post polio syndrome.
- Rehabilitation of higher functions.
- Personal independence and environment control, using computers and learning to use other technical aids and orthopedic devices.

RESEARCH AND EDUCATIONAL LINE PROGRAMS

The Guttmann University Institute affiliated to the Universitat Autònoma de Barcelona (UAB) have six strategic research lines:

- Bioengineering applied to self-management
- Neurostimulation, neuromodulation and non invasive stimulation
- Information and communication technologies applied to neuropsychological rehabilitation and cognitive stimulation
- Neurorehabilitation of digestive physiopathology
- Regenerative medicine applied to spinal

cord injury and acquired damage

- Outcomes assessment applied to generation of new knowledge.

The IG offers two UAB-masters degree in Neurorehabilitation and in Neuropsychological rehabilitation and cognitive rehabilitation. Additionally, there are some Specialization programs (1-2 week's full time) related with spinal cord injury and brain damage, a 2/3 months Visiting Program for practitioners and 3 months rotation for the Medical Internal Residents national specialization program.

FACILITIES AND ACTIVITY 2010

- 150 hospitalization beds (4 monitored observation units)
 - 2 theatre operating rooms with 680 surgery acts
 - 900 discharges with a 3 month LOS as inpatient basis.
 - 8,000 ambulatory visits and 23,000 rehabilitations sessions.
 - 3.000 m2 of functional rehabilitation area (gymnasium, occupational therapy, a daily activities training room, a sports court and hydrotherapy room...)
 - 400 FTE employees (46 doctors, physical medicine & rehabilitation, internal medicine, neuropsychologists, psychologists, urologists, orthopedic surgeons, neurologists, plastic surgeons, gynecologists; a 24-hour team of 76 registered nurses, 30 physical therapy ...)
 - 82.83 impact factor (3.18 mean impact factor)
 - 19 competitive research projects
- 53 master degree students, 52 students in specialization, 23 medical internal residents, 9 visiting program.

INSTITUT GUTTMANN Neurorehabilitation Hospital

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Institut IMOR

A pioneering centre in **radiotherapy treatments**



for the Fight against Cancer in Montpellier (France) who guarantee our scientific and care quality and Collaborates with the Food and Drugs Administration (FDA) and European Organization for Research and Treatment Cancer (EORTC).

Imor provides its patients with the latest specific radiation therapy treatment. Radiation therapy is one of the main treatments for cancer. It can be used as alone option or associated with chemotherapy or surgery.

With the aim of offering a high level of quality and the best possible patient welfare, an integrated computer network has been introduced which allows for all clinical stages to be personalized. The thorough study of each patient and the use of the latest technological advances guarantee the quality of care. Also Imor has a Psicooncology Unit in order to tend to the emotional needs of the patients and their loved ones.

IMOR has been a pioneering medical centres nationally and internationally to use the technique of brachytherapy (internal radiotherapy)., Imor has received various awards, "Brachytherapy Award 2000, by the the Tenth International Conference of brachytherapy, ESTRO Prize 2007 (European Society for Therapeutic Radiology) and Judith Sitt Award 2009 from the American Brachytherapy Society, the world's highest award for outstanding contribution to the conservative treatment of prostate cancer and improvement of quality of life of patients.

Brachytherapy Unit at the Institut **IMOR** is an initiative by specialising in oncology, radiotherapy and urology. The prostate Brachytherapy Unit for at the Institut IMOR is able to select the best treatment technique for

The Institut IMOR (Institut Mèdic D'Onco-Radioteràpia) is a pioneering centre in radiotherapy treatments. IMOR is a monographic centre on cancer patient care, specialized in high dose rate brachytherapy (internal radiotherapy), Radiotherapy, Intensity Modulated Radiation Therapy, Radiation Guided by the image, Prostate Brachytherapy, Brachytherapy Breast, Gynecologic and Ophthalmology Brachytherapies. Its objective is to give quick and personalized care, offering the most innovative medical technology.

The **IMOR** building, has an extension of 900 m². IMOR is integrated in the Tres Torres, Medical Group that also includes the Clínica Tres Torres and Pilar Clinic Sant Jordi in Barcelona.

IMOR has a team of professional specialists in oncology radiation therapy including department heads from other hospitals and teachers in schools and universities who collaborate with such prestigious institutions as the M.A. Anderson Cancer Center Hospital in Houston (USA) and the Regional Center



each case, because it offers all the cutting-edge techniques currently in existence. The Institut IMOR has more than 12 years of experience and has treated over 1,500 patients. Two of the most modern techniques of prostate brachytherapy currently available are:

PERMANENT SEED IMPLANTS

Permanent implants are fitted in one hour in an outpatient procedure. Tiny radioactive seeds are positioned precisely inside the prostate gland with the help of several needles guided by ultrasound. The low level of radioactivity emitted by the seeds has a very short range and affects the prostate only. This means that very high doses of radiation can be delivered to the prostate while limiting the amount of radiation reaching the normal surrounding tissue, bladder and rectum. The seeds emit their radiation continuously for weeks or months. Seeds can be used when the tumour is confined to the prostate, regardless of whether it has invaded just one or both lobules. There are two types of seeds: Iodine 125 and Palladium 103. The choice of one or another depends on the clinical characteristics of the patient and the aggressiveness of the tumour. Prostate brachytherapy has virtually no side effects. A few hours after being fitted with the implant, the patient can be released from hospital. The following day, he can return to work if he wishes.

HIGH DOSE IMPLANTS

High dose rate brachytherapy is a procedure whereby a temporary source of radiation is implanted inside the prostate. The radiation is aimed directly at the cancerous area, protecting the surrounding healthy tissue. The radioactive source is implanted in the prostate using plastic needles with the help of precision ultrasonography. A complex computer programme is used to calculate how long each of the radioactive sources must remain in place to give the tumour the dose prescribed. The use of complex calculation algorithms allows optimum dose distribution so that the area to be treated receives high doses of radiation while minimising the amount



of healthy tissue affected. The treatment lasts a few minutes, after which time the tubes are removed. High dose rate brachytherapy is a high precision treatment. This makes it ideal for complex cases, patients who have already undergone surgery or, who, because of their characteristics, are not candidates for treatment using permanent implants.

The most important advantages of brachytherapy are:

- It prevents the morbidity resulting from a radical prostatectomy.
- It is an out-patient procedure, and requires only day hospitalisation for a few hours.
- It allows rapid recovery and rapid return to normal activities.
- It enables the accurate implantation of iodine seeds evenly distributed throughout the prostate, including the apex.
- The risk of bleeding during the implantation process is minimal.
- It is a one-off procedure.
- It is well tolerated by elderly patients in poor general condition, and avoids long periods in bed.
- Sexual function is maintained in over 90% of cases.
- It avoids urinary incontinence.
- The efficacy of the treatment is backed by a 10-year follow up period in the United States (Blasko, Radge, Stone...)

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The Quirón Hospital Group



The Quirón Hospital Group consists of seven General Hospitals in Barcelona, Madrid, Malaga, San Sebastian, Valencia, Vizcaya and Zaragoza, one Day Hospital in Zaragoza and two Assisted Reproduction Centres in Bilbao and Pamplona. All centres are equipped with the most advanced equipment for diagnostics, treatment and telemedicine and the group has 2,700 employees and manages 917 hospital beds, 104 intensive care beds, 103 operating theatres and 537 consulting rooms.

The Quirón group deals with all medical and/or surgical specialities, with particular emphasis on the prevention, early detection and treatment of cancer in its integrated **oncology** units (www.quiron.es/oncology), which are considered centres of excellence in Spain. **Assisted reproduction** ([www.](http://www.quiron.es/reproduccion-asistida)

www.quiron.es/reproduccion-asistida) is also one of the areas of expertise of the Quirón Hospital Group, with specialized units available in each of the Group's hospitals, as well as dedicated units in Bilbao and Pamplona. The fact that these units form part of the structure of the hospitals means that patients can carry out all complementary tests and consultations in the same centre, a bonus in terms of privacy and trust. All the latest advances are available in all the centres and we perform the most novel techniques within the field.

Plastic surgery (www.quiron.es/cirugia-estetica) is another of the major specialities of the Quirón hospitals, witnessed by the excellence and renown of the plastic surgeons making up these units. All necessary resources are available to these surgeons for solving their patients' problems and for ensuring their peaceful and satisfactory recovery in select surroundings.

Quirón is well known for its work in areas such as cardiology, gynaecology or ophthalmology, but it is also worth mentioning the **medical check-up** units (www.quiron.es/chequeos), which provide a rapid and efficient service to patients who require a detailed and personalized evaluation of their state of health in a quick, discrete and well-organized manner.

Quirón's circle of success is completed with our **care for the patient and the family**, who are always offered the best in terms of hospitality (individual rooms, rooms with a window, select gastronomy, etc.) and an attentive and friendly approach from all the staff members of our hospitals.

For more information, please see www.quiron.es

Cita

Barcelona medical destination



Barcelona is a leading cultural destination, has one of the largest ports in the Mediterranean and its airport is used by 30 million passengers each year.

Dosrius is about 40 miles north of Barcelona. A small town situated halfway between the resorts of the Mediterranean and the mountains that protect the coastline.

One of the greatest writers in Catalan, Josep Pla (1897-1981), described these inland towns as places of “quiet prodigious orchards that smelled like fennel, lavender and thyme”.

Dosrius is in the midst of one of these landscapes, bordering a nature reserve, with Neolithic remains and medieval churches that dot a landscape of crops, forests and old country houses in Catalonia.

And even there, until Dosrius, get people around the world looking at the Center for Research and Treatment of Addiction (CITA), an excellent treatment to solve their problems with addiction.

A reference treatment

What distinguishes CITA is the message that by having the will to leave a drug is not always enough, there are no formulas for addiction but formulas for each addict. It is precise to discover what pushes us to this addictive behavior which causes so much suffering. The drug can be an agent of change in life, one chance. And breaking addiction can -beyond getting rid of the poison- rethink life and undo knots that predate the addiction.

And to make this process, CITA has a network of four centers that cover the therapeutic journey, from detoxification, addiction and social reintegration to external control via ambulance.



In addition, the intervention is intensive, multidisciplinary and is aimed at a comprehensive rehabilitation. Because the main purpose of CITES is the overall change in lifestyle of the patient. In this way, they acquire positive values and skills to manage emotions and situations of risk to the consumer.



CITA, Gaudí and Modernism

Millions of tourists arrive each year in Barcelona attracted, among other things, the work of Antoni Gaudí.

Gaudí conceived his buildings on a global basis, serving both as structural solutions for building functional and integrated in their environment.

That's why I like to think that, geographically close to the masterpieces of modernism, CITA has also achieved a synthesis based on the study and practice of new and original solutions, which have culminated in a unique style and have become one of Spanish reference centers in the treatment of addiction.

Mas Mia, s/n - 08319 - Dosrius (Barcelona)

Phone: 93 791 80 08

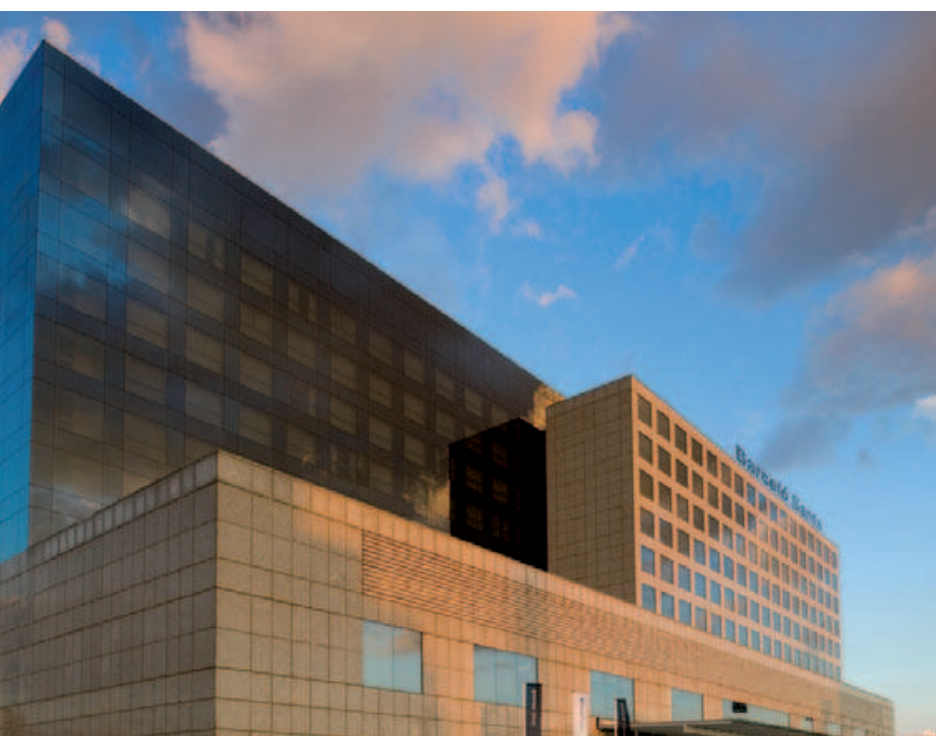
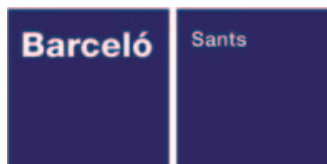
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www.redcita.com

Hotel Barceló Sants

Welcome to Sants Orbital Station



The new Barceló Sants is now taking off. We invite you to an imaginary voyage through outer space while dreaming of new worlds in remote planets. Get ready to enjoy a unique trip in our completely renovated Orbital Rooms!!

Once you wake up, this hub will take you to any destination in Barcelona.

Located just on top of Sants Station, the new Barceló Sants has direct access to AVE (high speed train), metro, buses and train network of the city. Direct connection to Barcelona International Airport and to the city centre. Simply the best communicated hotel in town!

Every room enjoys a large window over the city with panoramic views, and two "hatches" invite you to an imaginary and unique voyage.

Facilities: TV-Sat HD 42", rain-effect shower head (Kaldewei), working bed-table and ergonomic pillow, iPod/iPhone dock, hair dryer 2.000 W, minibar deluxe, welcome tray (kettle, tee and coffee), Free WiFi, safety box, amenities, steam iron, room service, laundry Service, aircon/heating, Fjord chair (P.Urquiola para Moroso), Wired chair (H.Bertoia), Tab T lamp (E.Barber, J.Osgerby).

Naturally, El Bistrot de Sants offers you a delicious gastronomic offer, with excellent season menus, and our facilities and services for meetings, incentives, congresses and events is still the wider in the city.

Get the most out of its launching offer, book any of its new spacecraft-rooms and get ready to enjoy a unique trip.

Welcome on board!

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